

Item No.	Classification: Open	Date: 20 February 2020	Decision maker: Cabinet Member for Children, Schools and Adult Care
Report title:		Community Support – Dementia Services	
Ward(s) or groups affected:		All wards; people living with dementia, their families and communities	
From:		Strategic Director of Children’s and Adults’ Services	

RECOMMENDATIONS

1. That the cabinet member for children, schools and adult care approves an extension to a one year grant to the Alzheimer’s Society for the sum of £164,000 effective from 1 April 2020, in order to continue to provide post-diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance (as part of the wider council commitment to an Age-Friendly Borough).
2. That the cabinet member for children, schools and adult care notes that this proposed decision is recommended by the Better Care Fund Planning Group made up of officers of the council and the Clinical Commissioning Group (CCG) assuming that Better Care Fund (BCF) funding continues for 2020-21, which is currently awaiting final confirmation from central government.
3. That the cabinet member for children, schools and adult care also notes that this grant extension offers the council and the CCG the opportunity to adopt a whole system approach by integrating the service offer into the Southwark Joint Mental Health and Wellbeing Strategy 2018 (Priority 5 – Older People and Dementia).

BACKGROUND INFORMATION

4. Children and Adults Services currently fund specialist dementia support provided by the Alzheimer’s Society as a grant, funded from the BCF. The current grant expires on 31 March 2020 and funds the following services:
 - 3 x Dementia Support Workers
 - 1 x Dementia Action Alliance Coordinator (part time) and associated costs
 - The Daffodil Dementia Café – sessional workers, volunteer and associated costs
 - The Primrose Dementia Café – sessional workers, volunteer and associated costs.

Further details of these services, alongside activity data are set out in Appendix 1.

5. Both the Clinical Commissioning Group (CCG) and the council place particular emphasis upon targeted support for people living with various forms of dementia following diagnosis to remain as independent and connected as possible within their local communities. This is set within the context of the refreshed dementia care pathway as part of the Southwark Joint Mental Health and Wellbeing Strategy with the aim of taking a whole systems approach.

6. These dementia services form part of a wider theme of “Community Support & Maintenance” within the Better Care Fund.
7. The Dementia Action Alliance (DAA) delivers the Dementia Communities Programme in Southwark, closely linked with the council’s Age-Friendly Borough agenda. The cabinet took the formal decision to develop a DAA in November 2014, and the Southwark DAA was a recognised finalist in the 2017 national dementia awards (Urban Community Category). The membership of the DAA is made up of statutory, voluntary sector and commercial organisations that work together to make Southwark a place where people living with dementia have the support, they need to live their life to the full and remain a valued part of their local community.
8. The council and the CCG have evaluated the performance of schemes funded under the BCF programme and this process demonstrated that the service is meeting need and delivering a high quality service. Therefore, the BCF Planning Group supports continued funding of the Alzheimer’s Society in 2020-21, subject to confirmation by central government of the continuation of BCF funding as part of a wider offer of services to support people living with dementia in the community.
9. In the current year’s grant agreement the officers have agreed a revised set of key performance indicators with the service provider. This ensures an enhanced focus upon outcomes, service participation and support to carers of people with dementia. This step has also improved the intelligence available to commissioners, generated through the services’ engagement and support of local people.
10. Dementia with frailty and end of life, is one of two segments that has been prioritised as part of outcomes-based commissioning using Bridges to Health and Wellbeing tool. Dementia has been included in Partnership Southwark Care Coordination work stream which identifies people for care coordination and will remain as part of the care coordination cohort.
11. The Dementia Care Pathway Refresh project group undertook a whole systems analysis of the needs of people living with dementia. It showed that the service should remain part of the more targeted offer of support for those living with dementia. Following the Dementia Care Pathway review, the Adults Development Commissioning Group, made up of directors of commissioning for the CCG and the council, public health, clinicians and other stakeholders noted that this activity forms part of the delivery plan for the Southwark Joint Mental Health and Wellbeing Strategy. It is envisaged that the service will work in closer collaboration with the Partnership Southwark work stream and the Older People Hubs to support people living with dementia.

KEY ISSUES FOR CONSIDERATION

12. The Department of Health and Social Care Dementia Prevalence Calculator indicates prevalence rates for dementia are increasing and Southwark’s figures are set out in paragraph 19. It is estimated that there around 676,000 people have dementia in England. In the whole of the UK, the number of people with dementia is estimated at 850,000. There are around 540,000 carers of people with dementia in England with their own set of needs for support.
13. In the summer of 2019 the Public Health team completed Dementia Prevention Health Needs assessment indicated that there are a clear number of risk factors many of which are those of lifestyle choices. Analysis shows that with improved

information and support, changes in lifestyle with healthier living, such as, improved diet, reduced alcohol usage and exercise means that dementia can be prevented and delayed, enabling people to remain healthy, well and independent for longer. This gives us a number of local actions many of which are now incorporated in our Dementia Action plan and will be implemented through dedicated Task and Finish Groups.

14. Increasing numbers of people living with dementia are requiring increasing levels of care and support across the wider health and social care economy.
15. As age is the biggest risk factor for dementia, increasing life expectancy is the driving force behind this projected rise.
16. There is a considerable economic cost associated with the disease estimated at £23 billion a year, which is predicted to triple by 2040. This is more than the cost of cancer, heart disease and stroke.
17. There are improved dementia diagnosis rates in Southwark from 72.3% in 2018 to 78.5% in 2019 and increased demands on social care and post-diagnostic support services in the voluntary sector
18. The prevalence calculator shows that the recorded prevalence in Southwark, has risen locally from 0.23% in 2010-11 to 0.37% in 2017-18 for patients of all ages (1,214 adults). Despite the recent increase, the prevalence is still significantly lower compared to the national and London averages (0.8% and 0.5% respectively).
19. Over the coming decade our population is predicted to grow older: the largest numerical population increase is expected in those aged 35-44, by around 18,000. The largest percentage increase is predicted for those aged 60-69 (52%). It is expected to be an increase by just short of 10,000 people to 28,354 in 2026.
20. It is predicted that the number of patients with dementia will grow by over a quarter (28%) in those over 65. This will be an increase by 455 people with dementia aged over 65.
21. As the numbers of people living at all stages of the condition increases, the need for individuals and their carers to receive post-diagnostic support and advice at the right time is rising. Due to the improving rate of early diagnosis within Southwark, there are increasing numbers of people living with a diagnosis at earlier stages of their condition. This grant will provide person centred proactive and timely support, which is key in the development of a refreshed “Dementia Pathway” in Southwark. This will involve a reconfiguration of Voluntary Sector services, Council and NHS services around targeted populations (alongside the promotion of a dementia-friendly borough).
22. Positive service user and stakeholder feedback of these services was obtained as part of the BCF evaluation.
23. Although dementia is a condition associated with the aging process, the Alzheimer’s Society services also support working age adults with a dementia diagnosis. Around 15% (30 people) of people assisted by either the support workers or the cafés were aged between 55 and 64. The services take steps to ensure that activities and support are also relevant to this younger cohort. So, for example, reminiscence sessions for younger people focus upon more recent past events.

24. There are further opportunities for closer joint working between statutory services with respect to case management. Post-diagnostic support is integral to effective future planning for people living with dementia, as well as support for informal carers to avoid breakdown in family support which could result in admission to a care home or hospital that otherwise might have been avoided. Work continues with the Alzheimer's Society, drawing upon the national development and promotion of Dementia Connect by the Society to establish how the Society can further extend support for people living with dementia with multi-morbidity leaving acute care following admission for physical health conditions.
25. Work is currently underway to further improve response times so that people can receive the offer of post diagnostic support closer to the point of dementia diagnosis. This work includes steps to achieve the co-location of the service with the Memory clinic.
26. Commissioners are working with the society to support the implementation of Dementia Connect in Southwark. Dementia Connect provides a number of mediums through which contact can be established and maintained, including virtual and tools such as face-time, alongside the capacity for individual visiting. In other areas this has proven to increase service engagement and importantly, participation from under-represented groups such as people from an ethnic minority background. Full implementation of Dementia Connect will be achieved for 2021.
27. Currently, the largest proportion of the grant funds three support workers, who provide targeted support and casework for people living with dementia (plus their family carers). They support people after diagnosis, usually visiting them in their own homes and alongside the Daffodil and Primrose cafés, deliver holistic preventative intervention to enable people living with dementia to remain in their home and avoid the need for residential or hospital care.
28. This work often involves having necessary, and often difficult conversations, with people who still retain mental capacity at an early stage of their dementia (for example in relation to lasting power of attorney). Support workers identify, and facilitate, the required interventions for individuals and their families.
29. Alzheimer's Society is a member of the Consortium of Older People Services in Southwark (COPSINS) and works in close partnership with other older people charities in the borough. More detail of the services funded by this grant is set out in Appendix 1. This provides details of the range of activities and support provided by the Alzheimer's Society alongside the partnerships developed.
30. The grant provides value for money given the level of investment, high utilisation and the comparable cost of alternative interventions. For example, the Support Worker Service has supported 39 new cases from August to September 2019. Likewise, 102 people attended the two dementia cafes which are held for two hours every week, and 89 people with dementia were engaged in some form of social event through the Dementia Action Alliance. There is a weekly register of service users who attend the cafes, but the provider cannot run a report of individual attendance over the period. However, the provider has a record of weekly meetings and the number of persons in attendance. The service also provides support to carers of people living with dementia through the peer support group. In the last 12 months 55 carers attended the information sessions which takes place once a month.
31. The Alzheimer's Society are providing support and advice to people living with dementia and their families who are known within the health system and voluntary

sector partners but may not yet have significant need of social care services. The focus is on maximising their independence and living well with dementia, covering issues such as powers of attorney, assistive technology and healthy living, supporting people with dementia themselves and their families, through often very complex domestic and personal circumstances. Such timely and targeted interventions can prevent, or delay, reliance upon more expensive services.

Policy implications

32. The Care Act 2014 confers duties on local authorities to promote individual wellbeing, establish preventative services, provide information and advice about care and support, and provide appropriate support for adults and their carers. All of the above are fulfilled through this grant for families living with dementia.
33. Southwark's Vision for Adult Social Care is to deliver well-coordinated personalised health and social care services to prevent, delay or reduce the need for care and support to be able to live as independent lives as possible. A new Dementia Pathway is a key strategic priority within the council's vision. Through risk stratification measures there is potential to target individuals at an earlier stage to help them plan more effectively for the future.
34. The recommendation set out in this report supports the council's commitment, mandated by November 2014 Cabinet, to Southwark becoming a dementia friendly community, in line with Fairer Future Promise 10 (making the borough a place in which to age well) as well as being shaped by the Fairer Future Promise 1 (value for money).
35. Southwark five-year forward view, and the NHS Long Term Plan offers the commitment to upgrade the quality of care and access to dementia services and also focus on prevention of long-term conditions including dementia.

Community impact statement

36. The information of ethnicity and dementia is limited. The Memory Service diagnostic reports that rates of recent diagnosis amongst Black and Minority Ethnic (BME) communities are around 33%. This is higher than the 19% of the total Southwark older population who are from BME communities recorded in the 2011 census. The largest BME groups reported by South London and Maudsley NHS Trust are from the African-Caribbean and African communities, corresponding with the wider demographic makeup of the borough. This is mirrored by the client base of the dementia support workers, which has seen a significant increase in the numbers of people they support from BME communities and particularly those from African and Caribbean communities (see Appendix 1).
37. The extension of the Alzheimer's Society grant will be expected to have a positive impact in relation to the groups identified as having a "protected characteristic" under the Equality Act 2010 and the Councils' equality agenda. Characteristics are: race, gender, age, disability, religion and belief, sex and sexual orientation, gender re-assignment, marriage and civil partnership and child care and pregnancy. It will benefit those living with dementia.

Resource implications

38. The grant will be managed through current staffing resources contained within the partnership commissioning team structure.

39. Monitoring of the grant is based on the conditions of grant funding which amongst other things includes evidence of work being done and outcomes being met. It will be reviewed at least annually by the BCF Planning Group.

Legal implications

40. Please see the legal concurrent below.

Financial implications

41. The 2019-20 BCF allocation towards Dementia care totals £184,000 via Scheme 20 which is described as “Dementia – Enhanced Neighbourhood Support” under the theme “Community Support and Maintenance”. £164,000 of this allocation is spent on the grant described in this report, with the remaining £20,000 contributing towards the council’s staffing costs for delivering specialist social work intervention for older adults.
42. As the grant is fully funded from BCF it is important that the service continue to fulfil the conditions of the grant. The recent spending revenue has indicated that the funding for BCF is likely to continue into 2020-21 but its future on the medium and longer term remains uncertain.

Consultation

43. This report is informed by the views of the BCF Planning Group which includes health and social care professionals.
44. Service user outcomes and feedback are positive and evidenced through case studies in the service quarterly monitoring submissions by Alzheimer’s Society as well as visits to the service by commissioners. Clinical and professional feedback during the Dementia Care Pathway review was also positive.

SUPPLEMENTARY ADVICE FROM OTHER OFFICERS

Head of Procurement

45. Not applicable.

Director of Law and Democracy

46. This report seeks approval of the award of further grant funding to the Alzheimer’s Society for one year from 1 April 2020 to enable the provision of post diagnostic support to people living with dementia and the development of a Dementia Action Alliance as part of the wider council commitment to an Age-Friendly Borough. Paragraph 4 summarises the various posts and the programme that will be funded through the proposed grant award.
47. The decision to approve the report recommendation is one which is expressly reserved to the cabinet member under Part 3D of the council’s constitution. The proposed grant award is consistent with the council’s statutory duties and powers (notably the Public Sector Equality Duty imposed by the Equality Act 2010) and with corporate policy, in particular, the Fairer Future Promises.
48. Officers consider it appropriate for these services to be regulated by way of conditions

of grant funding rather than by more formal commercial contractual conditions. However, the funding agreement with the Alzheimer’s Society makes provision for the council to withhold or “claw back” funding if necessary, in the event that the required services and service delivery outcomes are not achieved.

Strategic Director of Finance and Governance

49. Not applicable.

BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
Dementia Friendly Communities Cabinet report	Children’s and Adult’s Services (Older People and Complex Needs) Southwark Clinical Commissioning Group and London Borough of Southwark - 160 Tooley Street, London, SE1 2QH	David Millen 020 7525 1097
<p>Link (please copy and paste into your browser): http://moderngov.southwark.gov.uk/documents/s49951/Report%20Dementia%20Action%20Alliance.pdf</p>		

APPENDICES

No.	Title
Appendix 1	Details of the services funded through the grant

AUDIT TRAIL

Lead Officer	David Quirk-Thornton, Strategic Director of Children's and Adults' Services	
Report Author	David Millen, Joint Commissioning Manager (Older People and Complex Needs)	
Version	Final	
Dated	18 February 2020	
Key Decision?	Yes	
CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER		
Officer Title	Comments Sought	Comments Included
Director of Law and Democracy	Yes	Yes
Strategic Director of Finance and Governance	N/A	N/A
Cabinet Member	Yes	Yes
Date final report sent to Constitutional Team		19 February 2020